

SPA & MASSAGE TREATMENTS



TREATMENTS

DAILY SPA SPECIALS

SIGNATURE TREATMENTS

CELLULAR RHYTHMS TREATMENTS

CELLULAR RECOVERY

TREATMENTS SUN TREATMENTS

MASSAGES

BODY TREATMENTS

THERAPEUTIC TREATMENTS

PACKAGE

DAY DREAM DELIGHT



DAILY SPA SPECIALS

Elemental Facial (30 minutes) Benefits: Clean, comfortable, better protected skin. Skin tone and texture are improved.	900 THB
Relaxing Foot Massage (30 minutes) Benefits: Body unwind, improved blood circulation and relax the nerves	600 THB
Back, Neck and Shoulders Massage (30 minutes) Benefits: Relieves tension from upper back, stress buster	600 THB
Body Scrub (30 minutes) Benefits: Softer, glowing skin	900 THB

SIGNATURE TREATMENTS

Traditional Thai Massage (60 minutes / 90 minutes / 120 minutes)	900 / 1,200 / 1,500 THB
This unique and complete system of Yoga therapy combines rhythmic massage, acupuncture, gentle twisting and deep stretching. It helps to release tension, increases vitality and creates wholeness of mind, body and spirit. Performed through your clothes, the very life of your soul will be stirred, stimulating and invigorating all parts of your body.	
Surin Massage (60 minutes / 90 minutes / 120 minutes)	900 / 1,200 / 1,500 THB
Using a variety of hand techniques, this massage covers all the body. It uses the power of pure essential oils, specifically blended to address imbalances of both the body and the mind, to deliver complete relaxation and therapeutic benefits.	
Energy Rebalance Massage (60minutes / 90 minutes / 120 minutes)	1,500 / 1,900 / 2,300 THB
This massage incorporates Thai, Swedish and Sports massage techniques, to allow the deep tissue to soften and to resolve energy barriers, knots and tangles.	

CELLULAR RHYTHMS TREATMENTS

FACIALS

Cellular Lift “Qi Gong” Facial A MUST TRY! (75 minutes)

2,500 THB

This hands on facial that is customized to suit all skin types begins with Esthederm’s signature cleansing ritual which infuse your skin with active ingredients to leave it intensely clean, clear and pure. The facial massage, inspired by the Qi Gong balls , also called musical balls of health that stimulate the main meridians and circulation of energy Chi, use warmed Qi Gong metal balls that help penetrate and enhance the efficacy of the skin care ingredients, followed by cold crystal Qi Gong balls to tighten, decongest and soothe the skin. Benefits: Toned, firmer and better protected skin. Reduced fine lines and wrinkles. Radiant look.

Travelers Revival Facial (60 minutes)

2,100 THB

This is the essential vitalizing treatment that diminishes the signs of stress, fatigue and effects of rapid travel. It is also ideal for those suffering from tired, lackluster skin or concerned about the effects of ageing. After Esthederm’s unrivalled cleansing ritual, the intense revitalizing action of Spirulina, will immediately strengthen the biological cells function of your skin. This delightful experience continues with a tension-easing facial massage using nourishing oil that has been specially designed to enhance the absorption of the nutrients into your skin. To complete the treatment, a refreshing mask will leave your skin looking radiantly beautiful. Benefits: Revitalized, firmer, smoother more radiant and better-protected skin. Eyes puffiness and dark circles fade.



All prices are in Thai baht and subject to 10% service charge and 7% government tax

CELLULAR RECOVERY TREATMENTS

Hyaluronic Moisture Infusion (60 minutes)

2,100 THB

This indulgent intense moisture replenishing treatment is dedicated to dry/dehydrated skins that are looking for a long lasting immediate relief. The treatment provides 3 types of highly purified Hyaluronic Acid that act at 3 different skin layers, ensuring immediate and deep down moisturization as well as a smoothing effect. In between is a never to be forgotten facial massage that will leave you in an optimum state of well-being. Benefits: Dehydration lines, sensations of tightness, flaking and dull complexion skin fade. Soft, supple, better protected skin.

Vitamin E2 Soothing (60 minutes)

2,100 THB

Luxuriate with this unique treatment that combines a precious formula of 2 complimentary and stable high dosage forms of vitamin E to create an exclusive complex with exceptional anti-free radical properties that combat cutaneous hyper reactivity and provide immediate smoothness and nourishment to sensitive skins. You will experience a delightful face massage that will help to visibly improve the appearance of the skin. Due to its powerful antioxidant effect, this is also the perfect treatment to compensate sun exposure. Benefits: Smoothed, nourished, and better protected skin. Reduced skin inflammation, redness and tightness.

Zen Purity (60 minutes)

2,100 THB

This naturally anti-bacterial treatment is suitable for oily, combination, congested and acne-prone skins. Thanks to its masterful combination, it helps to purify the skin while keeping a good level of moisture, leaving it with a velvety complexion. The plant-based astringent actives will also help to reduce the size of the pores and reduce the production of sebum. The face massage included in the treatment will provide the skin with all necessary nutrients and relaxation, promoting an immediate revitalizing effect Benefits: Purified, clarified, mattified and better protected skin.

SUN TREATMENTS

BEFORE SUN TREATMENTS (Facial & Body) 90 minutes

Pre Sun Exposure Treatment: Face 900 THB Body 1,500 THB
Preparation to sun exposure treatment with a gentle exfoliation and moisturizer to protect your skin from aging and dehydration.

Bronz Impulse Pre Sun Exposure Treatment: Face 900 THB Body 1,500 THB
A gentle adaptation of your skin to sun exposure, for a more intense tan.

AFTER SUN TREATMENTS (Facial & Body) 90 minutes

Moisturizing After Sun: Face 1,200 THB Body 1,500 THB
Hydrating and detoxifying treatment for a smoothed and protected skin.

After Sun Long Lasting Tan : Face 1,200 THB Body 1,500 THB
(option exfoliation): Ideal treatment for a radiant and long-lasting tan. Optionally, gentle exfoliation helps revive the color and brightness of the tan.

SOS After Sun: Face 1,200 THB Body 1,500 THB
A special sunburn ultra hydrating treatment that immediately soothes and repairs overexposed skin.

MASSAGES

Massage Consultation: We take an individually tailored approach to massage therapy that addresses your unique condition and needs. Each treatment begins with a review of your initial questionnaire and a general assessment to determine areas of restriction and tightness. Please mention any special conditions so your therapist can maximize the effectiveness of the session

Pure Indulgence Candle Massage

(60 minutes / 90 minutes / 120 minutes)

1,500/1,900/2,300 THB

Prepare your body for new, warm experiences, which will calm down your mind and inner self. The relaxation based massage is performed using warm oils and natural ingredients such as shea and cocoa butters and calming essential oils that are drizzled over the skin to melt away tension and delicately nourish your skin. Thanks to the procedure, ingredients are absorbed by deeper body parts, leaving your skin more elastic, soft, smooth, as well as better moisturized.

Mother-to-be-Massage (60 minutes)

1,200 THB

A soft and relaxed massage that uses light effleurage strokes along the body, it has been specifically designed for pregnant women to help relieve common pregnancy discomforts and promote mother and baby's wellbeing. Pregnancy massage is very gentle and effective and has many benefits for the mother, such as increasing energy, easing aches and pains, slowing the process of varicose veins, reducing fluid retention and releasing stress. For 4 months pregnancy and up.

Relaxing Foot massage (60 minutes)

1,000 THB

Give your feet some dedicated care with this complete facial for the feet, including a tropical Asian aromatic soak with a warming herbal exfoliation to remove dead skin cells and a stimulating foot massage for tired feet and lower leg .To complete the treatment, a moisturizing massage will make your feet look as good as you feel



All prices are in Thai baht and subject to 10% service charge and 7% government tax

BODY TREATMENTS

Thai White Clay Wrap (60 minutes) 1,500 THB

The abundant properties of Thai White clay have been used in Thailand to promote beauty and health for hundreds of years. Rich minerals and trace elements re-mineralize the body, rejuvenate the skin and remove toxins. This treatment will re-energize your body, calm your mind and leave your skin soft & smooth.

Esthederm Radiant Body Scrub (60minutes) 1,800 THB

Enjoy a deep cleansing and nourishing body treatment that has been especially designed to look after your body by drawing out impurities and scrub away old cells without aggressing the skin. It starts with a pleasant full body exfoliation where white tea melting soft micro particles in a gel texture guarantee a deeply calmed and detoxified result. Then, a rich palm and coconut oil balm is applied to leave your skin feeling as soft as silk. The nurturing action of this treatment is ideal for even the most sensitive skins.

THERAPEUTIC TREATMENTS

Ayurvedic Indian Head Massage (60 minutes) 1,200 THB

Indian Head Massage is a holistic treatment working both on a physical and psychological level. It involves massage and acupressure techniques manipulating the soft tissues on the upper back, shoulders, neck, scalp and face, with oil. The treatment includes the soothing vapors of the steam room which is infused with an aromatic essence. It helps to relieve muscular discomfort and tension as well as improving circulation in the head, enhancing the senses and promoting clear thinking

Thai Herbal Compress (90 minutes) 1,800 THB

Thai Style Steam Heated Herbal Compress Massage has been practiced by Thai healers for many hundreds of years. The treatment combines Thai massage techniques with the application of hot herbal compresses that contain twenty traditional Thai herbs to provide a truly unique experience that stimulates the senses.

The deep penetrating warmth and blended herbs soothe and alleviates muscle tension, aches and pains, and trigger powerful body purification and detoxification process.

Foot Therapeutic Bliss (60 minutes) 1,200 THB

Starting with a complete foot pampering, the foot reflexology method includes pressure on feet reflex points and lower leg massage, to promote relaxation and rejuvenation of each and every part of the body, including the glands and organs. Your therapist will help you identify the corresponding organ associated to each sensitive reflex points you experience. This therapy will help to metabolize and eliminate poisons in the body and releasing pressure to aid in the recovery from fatigue. To boost the benefits of the treatment, enjoy a detox cleanse juice after completion.

PACKAGES

Chocolate Duet

2,500 THB

60' Chocolate Oil Massage + 30' Thai Herbal Bath + Delights + Love Potion

Enjoy a memorable spa experience together, in our intimate couples' suite. The package features a relaxing massage with our exclusive Chocolate oil, made with raw cacao, high in flavonoids, antioxidants, and contains a host of vitamins and minerals. Cacao also stimulates the production of serotonin and endorphins; chemicals that elevate the mood, and give feelings of attraction, pleasure, and excitement. Continue enjoying your time together in the candle light environment and floating rose petals while taking the herbal bath that follows. For your pleasure, delights and a love potion made with specially selected herbs, are served.

Pure Detox

2,200 THB

60' Detox Massage + 30' Detox Bath

If you haven't been as good as you should about your exercise, diet and "me time" routine, this option is perfect for you. The detox massage improves blood circulation, speeding up the elimination of toxins and excess of fluid while the bath will help to pull these toxins out of your skin and at the same time, will provide minerals that support the body's natural detox system.

Deluxe Time for Two 9,600 THB (4,800 /one person) 90 ' Candle Massage + 60'

Esthederm Cell Recovery Facial + 30 ' Phuket Thai Herbal Bath + Sparkling wine glass.

Two therapists perform in harmony this most graceful of treatments for 2 people together. Combining elements of relaxing massage techniques with a warm blend of essential oils, you will both be lulled into a deep state of relaxation. Indulge in the Esthederm's Cell Recovery Facial treatment that best suits your skin needs, and enjoy a glass of sparkling wine while relaxing in a soothing Thai herbal bath.

DAY DREAM DELIGHT

Relax and indulge whilst adding any of the following to your chosen treatment or massage and completely replenish your mind, body and spirit.

Thai Herbal Bath (30 minutes) 1,150 THB per person 1,500 THB per couple
A fusion of warm water and Thai herbs to calm and replenish your body's natural balance.

Herbal Steam (30 minutes) 750 THB per person 1,150 THB per couple
Sit and relax in our herb infused steam to cleanse your pores, relax your muscles and stimulate your blood circulation. Healing of over-stressed muscles. Total relaxation can be enjoyed before any one of our massages.

Detox Bath (30 minutes) 1,150 THB per person
Relax while your body gets rid of toxins and improve tissue and general health.

